



Helping Your Kindergartner Thrive

This Week's Lesson: The Hungry Caterpillar

What You'll Need

- A phone with internet (if you do not have this, skip to 'Alternative Instructions')
- 1 sheet of white construction paper
- Pencil
- Crayons

What to Do

- Read or watch "The Hungry Caterpillar" (find it online here: <https://www.youtube.com/watch?v=btFctMhF3iI>)
- As you read or watch, point out to your child about how the caterpillar eats more and more and more.
- At the end of the story, tell your child, 'How many pieces of food do you think the caterpillar ate?'
- On the sheet of construction paper, have your child draw each of the foods that the caterpillar ate in the story. Go back through the story if necessary to help your child remember all the foods.
- Ask your child to count the items. You can help your child if they are having trouble counting. How many foods did the caterpillar eat? Use the pencil to write down the final number.

Alternative Instructions

(if you don't have a phone to watch the story or a copy of the book on hand)

- The caterpillar ate many of his favorite foods over the week. Talk with your child about their favorite foods.
- Once they are done telling you all their favorite foods, have them draw the foods on the piece of white construction paper.
- Work together to count each of the foods. How many favorite foods does your child have? Use the pencil to write down the final number.

Keep It Going

- As you go about the rest of the week, ask your child to count other objects they see in the world. For example, you can count the items in your purse or wallet, the number of shoes in the closet, or any food items you have in your fridge or pantry.