



90% OF BRAIN DEVELOPMENT HAPPENS BY AGE 5

HERE'S WHAT YOU CAN DO TO HELP YOUR CHILD:

READ



Read books & encourage your child to read with you.



SING

Teach your child songs and sing with them. Don't worry - it doesn't need to be on key!

TALK

HEY THERE!

Talk to your child and describe what you see. Encourage them to ask questions.



PLAY

Allow time for playing with your child, help them try new things, and encourage them.

MODEL



Be a role model for good behavior.

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