



Helping Your Pre-schooler Thrive

This Week's Lesson: Maybe Something Beautiful

What You'll Need

- A phone with internet (if you do not have this, skip to 'Alternative Instructions')
- Sheet of paper
- Crayons

What to Do

- Read or watch 'Maybe Something Beautiful' (https://www.youtube.com/watch?v=8IzM_zVHKw0)
- As you read or listen, point out all the different colors that appear as the characters in the story paint.
- After the story is over, ask your child about their favorite color. Then, just like the character in the story, have your child use crayons to color a picture featuring objects that use their favorite color. For example, if their favorite color is green, they could paint the green grass and a green tree.
- If they feel up for it, have your child create additional color-themed pictures.

Alternative Instructions

(if you don't have a phone to watch the story, or a copy of the book on-hand)

- As you go about your day, point out all the different colors that appear in everyday life: what colors do you see in the laundry? What colors appear in your yard or apartment?
- Ask your child about their favorite color. Then, have your child use crayons to color a picture featuring objects that use their favorite color. For example, if their favorite color is green, they could paint the green grass and a green tree.
- If they feel up for it, have your child create additional color-themed pictures.

Keep It Going

- Continue to encourage your child to create color-themed pictures, while also helping them to identify and name the different colors in the world.