



Helping Your Kindergartener Thrive

This Week's Lesson: Peanut Butter Sandwich

What You'll Need

- A phone with internet (if you do not have this, skip to 'Alternative Instructions')
- Paper
- Crayons (2 different colors)

What to Do

- Read or watch the poem "Peanut Butter Sandwich" by Shel Silverstein (<https://www.youtube.com/watch?v=OO-yWXdVQG8>)
- Ask your child to listen to the rhythm and sounds of the words in the poem. Notice how some words have similar sounds, especially at the ends of the words. Tell your child this is called rhyming.
- Using the crayons, write a word on the paper. With the second color of crayon, write a list of words that rhyme with that word.
- You can do this practice with several words.

Alternative Instructions

(if you don't have a phone to watch the story, or a copy of the book on-hand)

- Talk to your child about rhyming words--that is, words that have a similar sound at the end of the word.
- Using a paper and crayons, practice identifying rhyming words. Write a starter word (it can be any word you want) with a crayon, and then use a second color of crayon to write all the words that rhyme with the starter word.

Keep It Going

- Continue to come up with lists of rhyming words from words used in everyday speech. This helps build sound awareness, which is important for reading!