



# Helping Your Pre-K Child Thrive

## This Week's Lesson: The Rain Came Down

### What You'll Need

- A phone with internet (if you do not have this, skip to 'Alternative Instructions')
- Household items
- Crayons and paper (optional, for 'alternative instructions')

### What to Do

- Read or watch "The Rain Came Down" (<https://www.youtube.com/watch?v=MV8snbVhXKU>)
- At the end of the story, point out the rainbow and ask your child to identify the colors they see in it. Help them name any colors they don't know.
- Go around the house and find a red object, an orange object, a yellow object, a green object, a blue object, and a purple object.
- Lay the objects out in that order (red, orange, yellow, green, blue, purple) to make a rainbow.
- Explain that there are colors everywhere. Have your child go outside and see how many colors they can find.

### Alternative Instructions

(if you don't have a phone to watch the story, or a copy of the book on-hand)

- Talk about rainbows, and if your child has never seen one, use crayons to draw one on paper.
- Have your child name the rainbow colors. Help them name any colors they don't know.
- Go around the house and find a red object, an orange object, a yellow object, a green object, a blue object, and a purple object.
- Lay the objects out in that order (red, orange, yellow, green, blue, purple) to make a rainbow.
- Explain that there are colors everywhere. Have your child go outside and see how many colors they can find.

### Keep It Going

- As you go about your week, name the colors of the objects all around your house to help your child practice naming them.