



Helping Your Pre-K Child Thrive

This Week's Lesson: The Hungry Caterpillar

What You'll Need

- A phone with internet (if you do not have this, skip to 'Alternative Instructions')
- A sheet of green construction paper
- A sheet of white construction paper
- Gluestick
- Scissors

What to Do

- Read or watch "The Hungry Caterpillar" (find it online here: <https://www.youtube.com/watch?v=btFctMhF3iI>)
- As you read or watch, talk about and help your child identify the colors present on each page. Ask open-ended questions ('Do you see any blue? Do you see any green?') and let your child try to answer for a few moments before stepping in and offering the answer right away.
- Help your child use the scissors to cut out several green circles.
- Let your child glue the circles to the white paper to make a caterpillar.
- Talk about how the caterpillar is green. Go around your home and look for other objects that are green. Some ideas are nature, looking inside catalogs or mailers, or in your fridge, and in the closet.

Alternative Instructions

(if you don't have a phone to watch the story, or a copy of the book on-hand)

- Help your child use the scissors to cut out several green circles. Let your child glue the circles to the white paper to make a caterpillar.
- Talk about how caterpillars, like most objects in the world around us, are filled with color. Talk about how the caterpillar is green.
- Go around your home and look for other objects that are green like the caterpillar. Some ideas are nature, looking inside catalogs or mailers, or in your fridge, and in the closet.

Keep It Going

- As you go about the rest of the week, ask your child to identify colors that they see around the house.